# Individual Safe Work Instruction

A TEMPLATE FOR K-12 PUBLIC EDUCATION - COMPLIANCE

The following tool is to be used for the communication of hazards and control measures to a worker. The form should identify the hazard related to the tasks and should include clear concise information about control measures to be taken. It can be used for any work where there is a risk of injury when working

The implementation of this tool is not mandatory. The tool contains recommendations to support workplace violence prevention and regulatory compliance. The information presented can be adopted in whole, in part, or not at all.

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## **Individual Safe Work Procedure**



## 1. Student Information

Date (yyyy-mm-dd)	School Name	Student Name
Baseline Description, Triggers & Pre	cursors to Dysregulation	Student Photo
Baseline Description:		
Triggers:		
Precursors to Dysregulation:		

## 2. Potential Hazards and Safe Work Procedure

Hazard Potential	Specific Hazard	Safe Work Instruction Details/Act	ions
Physical hazard exists?	O Yes ● No	Could happen during:   Baseline	$\Box$ Dysregulation
Physical	□ Awkward posture     □ Transferring     □ Lifting     □ Pushing or Pulling equipment     □ Floor work     □ Stooping/bending     □ Walking/pacing     □ Regulation support     □ Rescue medication     □ Catching - helping down     □ Other ( )	Student may Staff response	
Noise hazard exists?	● Yes ○ No	Could happen during:   Baseline	☐ Dysregulation
(! Noise	☐ Shouting ☐ Screaming ☐ Crying / Moaning ☐ Verbal threats ☐ Other ( )	Student Staff response	

Date (yyyy-mm-dd)	School Name	Student Name	
Biological hazards exist?	○ Yes	Could happen during:   Baseline	☐ Dysregulation
Biological	☐ Blood, Saliva, Mucus ☐ Voids (toileting) ☐ Sharps ☐ Other ( )	Student may Staff response	
Externalizing hazards exist?	● Yes ○ No	Could happen during: ☐ Baseline	$\square$ Dysregulation
Head Action  Arm Action  Leg Action	Head Region  Biting, Head butting Spitting  Hand / Arms* Banging Clearing Grabbing Pinching Pulling Punching Pushing / Shoving Scratching Slapping Throwing  Legs / Feet	Staff response	
Full Body  Movement	□ Kicking / Stomping  Full Body     □ Bolting, Running*     □ Leaving area*     □ Dropping, Flailing     □ Twisting/Rocking/swaying     □ Urination/Defecation     □ Pursuing     □ Other ()		

Date (yyyy-mm-dd)	School Name	Student Name

## 3. Environment Set Up and Tools Required for Safe Work

Category	Item Required	Safe Work Procedures and specific details regarding items
Room/area	☐ Antiseptic wash ☐ Eye wash station ☐ Hand Sanitizer ☐ Room mounted alarm button ☐ Telephone or Walkie Talkie ☐ Means of egress ☐ Sink, waste bin and Wipes ☐ Other ( )	
Transferring	☐ Padding/Mats ☐ Lifts/hoist/sling ☐ Other ( )	
Personal Protective Equipment	☐ Arm protectors ☐ Face mask/shield ☐ Glasses ☐ Gloves ☐ Hat, head covering ☐ Hearing protection ☐ Pants ☐ Smock ☑ Footwear requir. (close toe & heel) ☐ Vest ☐ Other ( )	Staff to wear close toe and heel footwear.
Safe Preparation and Safe Work Practice	☐ Calm State ☐ Graduated Introduction ☐ Hair tied back ☐ Limited Contact hours/day ☐ Micro breaks ☐ No Jewelry ☐ Scent Free ☐ Team required > 1 ☐ Vaccinations ☐ Other ( )	Staff to be in calm state to provide co-regulation.
Training	☐ Hand Hygiene ☐ Personal Care Protocol ☐ Individual Education Plan ☐ Lifts and transfers ☐ Behaviour support plan ☐ Violence prevention ☐ NVCI (e.g. response team) ☐ Other ( )	

Date (yyyy-mm-dd)	School Name	Student Name
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4. Risk Behaviour/Cr		
Take the following action (lo	ocation specific e.g. bus, classroom	n, pool, gym, etc.):
E Balandalan da		to about the configuration of
5. Related plans that	must be reviewed prior t	to starting safe work (select all that apply)
☐ Personal Care Protocol	☐ Individual Education Plan ☐ Other:	☐ Behaviour Support Plan
	Utner:	
	ure Acknowledgement	
	Print Name	Signature and Date
		<del> </del>
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### **SAMPLE Individual Safe Work Procedure SAMPLE**



#### 1. Student Information

Date (yyyy-mm-dd)	School Name	Student Name
YYYY-MM-DD	School Name	Student First and Last Name
Baseline Description, Triggers & Pro	ecursors to Dysregulation	
Baseline: [Student] will use externalizing behaviour towards adults (hit, kick, spit, throw and/or push over items).  Triggers: for this behaviour are when they are frustrated, hungry or when they have suffered a perceived injustice (not getting to do what they want). [Student] will also on		
occasion run from supervised areas and/or staff.  Precursors to Dysregulation: Student will not make eye contact, flop to the floor, chew on nails, etc.		PHOTO HERE

#### 2. Potential Hazards and Safe Work Procedures

Hazard Potential	Specific Hazard	Safe Work Instruction Details/Actions
Physical hazard exists?	● Yes ○ No	Could happen during: ☐ Baseline ☐ Dysregulation
		<b>Student may:</b> advance towards other students. It might be necessary to obstruct this interaction.
Physical	☐ Pushing or pulling equipment ☐ Regulation support ☐ Stooping/bending ☐ Walking/pacing ☐ Floor work ☐ Rescue medication ☐ Catching - helping down ☐ Other ( )	Staff to: Radio for support with location Radio to Admin for support - and location  Other: Student requires constant guiding when walking, alternate arm use, do not resist student movements with arms.
Noise hazard exists?	● Yes ○ No	Could happen during:   Baseline   Dysregulation
(! Noise	☐ Shouting ☐ Screaming ☐ Crying / Moaning ☐ Verbal threats ☐ Other ( )	Student: screams and verbally threatens employees using shocking language when dysregulated.  Staff to:  Do not engage at this time -Be silent -Stand back -Look away -Give space and time -Radio for assistance
Biological hazards exist?	● Yes O No	Could happen during: ☐ Baseline ☑ Dysregulation
	☐ Blood, Saliva, Mucus ☐ Voids (toileting)	Student may: -spit with accuracy when dysregulated. Will aim at you and target you when

#### Instructions

Fill in a description that summarizes baseline behaviour, the anticipated hazards of working with the individual and triggers that could lead to dysregulation. The individual is not the hazard, the actions are the hazard.

Use concise language.

For behaviour - use language around triggers (antecedents) and setting events. Include precursors to dysregulation to ensure staff are aware of behaviours/indicators that lead to dysregulation.

#### Use "Alt+Enter" to start a new line within a cell.

To adjust the row height go to the left hand margin and drag the row down so your text will fit.

In the following areas below all "Details" pertain to the safety of the worker and the success of the student during situations that could cause harm to the worker.

The information given must be concise.

Select "Yes" if you expect that employees will have to physically interact to support the individual. Select the stage when this hazard is expected - baseline, or dysregulation. Select "No" if there is no physical interaction expected and hide cells 12-22.

Select all the applicable hazards.

Describe in bullet points each key hazard and the control measures to take.

Example: **Student will** - Leg Action - Keep leg length away. **Staff to** - Use desk as barrier when working together.

If "Other" was checked = be clear in the details about what the other item is referring to.

Select "Yes" if you expect that there will be noise hazards while working with the individual. Note, student behaviour and the applicalbe staff response.

Select the stage when this hazard is expected - baseline, or dysregulation.

Check off the applicable items.

Delete the Externalizing Icon if "Verbal Abuse / threats" has not been checked. Any noise hazard created by the student may have an impact that does not exceed the noise threshold however it could be causing strain.

Select "Yes" if you expect that employees will have to have exposure to biological hazards. Select the stage(s) when this hazard is expected - baseline, or dysregulation. Describe the hazard specifically and how the employee will protect themselves from the hazard. The individual is not the hazard, the action is the hazard.

Date (yyyy-mm-dd)	School Name	Student Name
YYYY-MM-DD	School Name	Student First and Last Name
Biological	☐ Sharps ☐ Other ( )	spitting. The range is approximately 5-10 ft.  Staff to: Keep your distance (10 ft.) during externalizing behaviours.
Externalizing hazards exist?	● Yes ○ No	Could happen during: ☑ Baseline ☑ Dysregulation
Head Action  Arm Action  Leg Action  Full Body	☐ Biting, Head butting ☐ Spitting ☐ Banging ☐ Clearing ☐ Grabbing ☐ Pulling ☐ Punching ☐ Pushing / Shoving ☐ Scratching ☐ Slapping ☐ Throwing ☐ Pinching ☐ Pinching ☐ Legs / Feet ☐ Kicking / Stomping Full Body ☐ Bolting, Running* ☐ Leaving area* ☐ Flopping, Flailing ☐ Twisting/Rocking/swaying ☐ Urination/Defecation ☐ Pursuing ☐ Other ()	Baseline: Student may: Twisting and rocking can be seen at any time. Staff to: Position yourself with adequate space to allow for this type of movement.  Dysregulation: All items checked have been witnessed during dysregulation. Follow the Crisis Response Plan below. Student may: Clear - Expect to see unsecured items like books, instruments, cle or thrown during dysregulation. Staff to: If possible, staff will move unsecured objects, i.e., musical instruments When support staff arrive redirect student. Disengage if you are the focus of the attention. The more space given there is less chance of physical interaction. No more than two people directly in student sight lineUse the CPI supportive stance during the externalizing actsStand back and move to a safe place as neededGive space and timeStay quiet, do not engage in conversationLook away and try to turn your radio down if it is up higher than a 4.

Example: Individual spits as part of baseline behaviour - employee are to wear specified personal protective equipment.

Bite hazard exist.

Select "Yes" if you expect that employees will have to have exposure to externalizing hazards. Select the stage(s) when this hazard is expected - baseline or dysregulation. Describe the hazard specifically (list student behaviour) and how the employee will protect themselves from the hazard (staff response "staff to"). The individual is not the hazard - the action is the hazard.

For Example: Maintain a physical barrier between you and the individual during instruction. Delete or add any externalizing icons as necessary.



Date (yyyy-mm-dd)	School Name	Student Name
YYYY-MM-DD	School Name	Student First and Last Name

#### 3. Environment Set Up and Tools Required for Safe Work

Category	Item Required	Safe Work Procedures and specific details regarding items
	☐ Antiseptic wash	The immediate environment should be free of items that could be grabbed, and
	☐ Eye wash station	thrown.
	☑ Hand Sanitizer	Glass window should be shatter proof or protected.
	☐ Room mounted alarm button	
Room/area	☐ Telephone or Walkie Talkie	
	☐ Means of egress	Staff must be able to leave the room if necessary and protect themselves against
	☐ Sink, waste bin and Wipes	externalizing hazards.
	☐ Receiving pads	
	□ Other ( )	
	☐ Padding/Mats	Not applicable.
Transferring	☐ Lifts/hoist/sling	
	☐ Other ( )	
	☐ Arm protectors	Appropriate footwear (e.g. close toe and heel) is required when to be worn when
	☐ Face mask/shield	working as a team member with student or if called upon to assist as an admin.
	☑ Glasses	Nitrile - latex free gloves - used during dysregulation. Keep these with you at all
	☑ Gloves	times.
D	☐ Hat, head covering	If needed safety glasses and something to cover your eyes if a significant amount of
Personal Protective Equipment	☐ Hearing protection	spitting is happening.
Equipment	☐ Pants	Staff must always wear closed toe and closed heel footwear.
	☐ Smock	
	☑ Footwear requir. (close toe & heel)	
	□ Vest	
	☐ Other ( )	
	☑ Calm State	Staff to be in a calm state to provide co-regulation.
	☑ Graduated Introduction	Graduated Introduction: New employees working directly with student should be
	☐ Hair tied back	gradually introduced. The amount of time to be introduced can vary on the
	☐ Limited Contact hours/day	relationship with student, however the employee must be familiar with the crisis
	☐ Micro breaks	response plan.
	□ No Jewelry	
	☐ Scent Free	Team required: When off school grounds a minimum of two employees are
	☑ Team required >1	required to work directly with student.
	☐ Vaccinations	
Safe Preparation and Safe	☑ Other ( )	Other: Team employees should meet before the beginning of the day to collaborate
Work Practice		on the plan for the day, review any changes from the previous day and determine
		what the next steps are.
		For off school grounds travel, use the applicable risk assessment, in the Working
		Alone SWP or Field Trip Reg. C-329, to determine how the work will be carried out
		safely.
		Scarfs, lanyards, necklaces and other items that could be pulled are not to be worn.
	1	
		Employees warling directly with student pood to be families with the control of
	☐ Hand hygiene	Employees working directly with student need to be familiar with trauma informed
	☐ Individual Evacuation Plan	practice and NVCI practices. Response team will have full NVCI training.
	☐ Lifts and transfers	All employees working in the area need to be aware of the crisis response plan for
I	☐ Violence prevention	common areas.

Check off any items that are required in order to work safely with this individual.

Add additional comments on where these items are kept or how they are to be used as necessary.

For example: Means of Egress: make sure staff stay between student and door. Staff have a clear path to exit.

Check off as applicable. If not applicable indicate this in the text box.

Add instructions on where to find more information for requirements or add the information. i.e. care plan

Check off all required PPE, also indicate if a specific PPE is optional in the text box. If there are specific types of PPE indicate the brand and model that are required. If there are instructions on how to use the PPE, when to use it, be clear in this area.

Check off all applicable steps that need to be in place in order to initiate safe work practice. Explain the details of each items that is checked off, so that it is clear to the employee.

For Example: Graduated Introduction checked - all employees working with the individual will be required to work as an observer until the primary has assessed that the student is not experiencing unexpect dysregulation. This is not a defined time period and should be done on a case by case basis.

Check off the applicable training required Indicate if the training is required prior to being appointed to the team or if it can be part of the con the job training. Be specific it a

Date (yyyy-mm-dd)	School Name	Student Name
YYYY-MM-DD	School Name	Student First and Last Name
Training	□ NVCI (e.g. response team)     □ Personal Care Protocol     □ Behaviour Support Plan     □ Individual Education Plan     □ Other ( )	

appointed to the team or if it can be part of the on the job training. Be specific it a particular course is required.

Date (yyyy-mm-dd)	School Name	Student Name
YYYY-MM-DD	School Name	Student First and Last Name

#### 4. Risk Behavoiur/Crisis Response Plan

#### Take the following action:

- 1. Classroom Determine if it is possible to have student leave the learning space, if not alert the teacher to clear the class/area. Support student during dysregulation while the other students exit the area safely. Leave the area, close the door, send radio communication to alert Admin (can be done-by Classroom teacher upon exiting the space), observe from the window. If student approaches the door, continue to maintain a CPI suppotive stance. Admin and extra team members to keep observation of the student and maintain a CPI suppotive stance. Approach student only when appropriate to reestablish behaviour support plan.
- 2. Common Areas (Library, Halls, Music room, Playground) Notify those in the immediate area to clear the area. Leave the area and close the doors. Radio to Admin. Other rooms in the area to be secured announce "staff and students to remain in classroom". Team members to observe from a safe distance using CPI supportive stance. If necessary team to relocate themselves behind a secure door or area. Approach student only when appropriate to re-establish behaviour support plan.
- 3. Learning Room Remove yourself from the room, observe from the window, and radio the admin.
- 4. Off School Grounds Notify Admin, maintain a CPI suppotive stance. Locate a barrier to have between you and student (i.e. Park bench, fence etc.).

  Special Note for Student Safety: If student is injured or in imminent harm the employees will assess the scene and attempt to reduce chance of significant injuries when it is appropriate.

#### 5. Related plans that must be reviewed prior to starting safe work (select all that apply)

☑ Personal Care Protocol	☐ Individual Education Plan	☑ Behaviour Support Plan	
☐ Other			

#### 6. Safe Work Procedure Acknowledgement

Print Name	Signature and Date

Add text for each area that requires some information on how to manage the response, location specific. Group all areas with a similar response together. However ensure that if there are unique elements in an area the response has been considered.

E.g., Leave the area, radio for help, do not confront or block, if needed go to a safe room and close the door. Clear the hall, clear the room,

- · REPORT ALL ACTS OF VIOLENCE AS SOON AS REASONABLY POSSIBLE.
- · Post incident debrief is required prior to leaving, or prior to starting the next day.
- · If location specific information please note plans for example a field trip or when in the gym.

Check off all the other plans that must be read in conjunction with this ISWI.

Acknowledgement of having read the above information. If there are any questions please

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Item 1	Term Anticontic wash	Supporting information and examples  To ensure appropriate hand hydrone when working with students on a care plan.
1	Antiseptic wash	To ensure appropriate hand hygiene when working with students on a care plan.
2	Arm protectors	Where there is a possibility of scratching or biting on the arm. Various types of arm protectors could be
_	A. L. state of	employed. Jean jackets, Kevlar sleeves are examples
3	Awkward posture	Where working with the student requires the worker to sustain an posture that is outside of the neutral
		posture of standing or sitting straight. Includes leaning to the side, twisting, where the positions must be
_		repeated or held.
4	Banging	A student uses their hand or fist to hit objects.
5	Biting, head butting	A student using their mouth to bite the worker or their head to hit the worker.
6	Blood Saliva Mucus	Biological hazard from blood exposure.
7	Bolting , Running	Bolting and running are not a hazard but the worker's response to these actions could generate a hazard.
		Clear instructions on how to respond to bolting or running must be developed.
8	Calm State	As part of the self check prior to engaging with someone confirm you are engaging in a comforting way.
9	Catching - helping down	Select when the student has a tendency to climb things and needs assistance to get down safely.
10	Clearing	Swiping articles from a surface to the floor.
11	Crying / moaning	Select when exposure to these items is sufficient that is should be acknowledged. In some cases providing
		hearing protection is necessary to reduce the impact over the course of a work day or week.
12	Eye wash station	For the learning space or close by if there is potential for liquids/bodily fluids to get in a workers eye.
13	Face mask/shield	Select for working spitting.
14	Floor work	Select when the worker would be expected to get up and down from the floor many times during the work
		day to support the student.
15	Flopping, flailing	voluntary or non voluntary movements.
16	Footwear requirements	sturdy footwear requirements for supporting students on the go or that stomp.
17	Glasses	eye protection from saliva or objects.
18	Gloves	Working with changing/toileting
19	Grabbing	select when the student will reach out and grab the worker firmly and there is potential injury as a result.
20	Graduated Introduction	Select when a worker should be slowly introduced to the student so as to not cause dysregulation. This
20	Graduated Introduction	, , ,
21	Hainkind book	prevents incidents.
21	Hair tied back	Select when there is a potential for the student to grab hair.
	Hand Sanitizer	Quick hand sanitization where wash stations are not possible or close by.
23	Hat, head covering	Select when there is a potential for the student to grab hair.
24	Hearing protection	Where there is noise that might be loud or an mentally fatiguing. This could include screaming and crying or
		moaning. Workers should always increase distance from the noise source if safe to do so in order to reduce
		the impact of screams.
25	Kicking / Stomping on	Select if there is a risk of being kicked or stomped on.
26	Leaving area	select for students that get up and roam. Workers should know how to response safely. i.e. do not block.
27	Lifting	select for situation where the worker may be required to lift the student or some equipment related to
		working with the student.
28	Lifts/hoist/sling	For transferring to beds, or toileting
29	Limited contact hours/day	In situation where alertness is required limiting the worker contact time can support good decision making.
30	Means of Egress	Alternate way to leave the space and not engage with a dysregulated individual
31	Micro breaks	short relief periods where a worker can step away from the specific task that requires extreme focus.
32	No jewelry	Jewelry that could be grabbed and result in an injury should not be worn.
33	Padding / Mats	Mats and padding could include items that might be needed to respond to a student concerns.
34	Pants	Wearing long pants as a protective measure
35	Pinching	action carried out by the individual
36	Pulling	action carried out by the individual
37	Punching	action carried out by the individual
38	Pursuing	action carried out by the individual advancing towards a worker in a catch or carry out contact violence.
39	Pushing / Shoving	action carried out by the individual
40	Pushing and pulling equipment	The worker will be required to push or pull a wheel chair, cart, bed, medical equipment.
41	Receiving pads	Pad used to support a student during dysregulation. The receiving pads are used by the worker in a trauma
41	neceiving paus	informed way.
/12	Regulation support	This could include applying deep pressure or different supporting holds to aid the student in self regulation.
42	Regulation support	
42	Possuo modisation	Refer to the positive behaviour support plan for specific for the student.
43	Rescue medication	Includes the administration of medication needed during an event in order to support the student.
44	Room mounted alarm button	the implementation of an engineering control to allow for early notification for a response activation.
45	scent free	The individual may be impacted by scents.
46	Scratching	action carried out by the individual
47	Screaming	action carried out by the individual
48	Sharps	The work involves potential exposure to sharps that could cause puncture or laceration wounds to the
		worker. There may also be a biological hazard associated with sharps.

Item	Term	Supporting information and examples	
49	Shouting	action carried out by the individual - loud voice but not threats	
50	Sink, waste bin, and wipes	Items required if there is a need to maintain a clean environment or workers are required to maintain hand	
		hygiene due to activities in the space.	
51	Slapping	action carried out by the individual	
52	Smock	Personal protective equipment	
53	Spitting	action carried out by the individual	
54	Stooping/bending	Potential awkward postures required when working with the individual.	
55	team required >1	When the work is complex and for the protection of the worker more than one worker working with the	
		individual will improve safety. Adding more workers does not always improve safety. Teams must have an	
		understanding as to why the additional worker will improve safety.	
56	Telephone	Engineering control for enhanced communication in a learning space or home visit worker.	
57	Throwing	action carried out by the individual	
58	transferring	Transferring an individual from one place to another. For example toileting an individual in a wheel chair.	
59	Twisting/rocking/swaying	action carried out by the individual	
60	Urination/Defecation	action carried out by the individual	
61	Vaccinations	Worker protection from blood borne pathogens. Where this is potential exposure to blood, or biting.	
62	Verbal Threats	action carried out by the individual	
63	Vest	Personal protective equipment	
64	Voids (toileting)	action carried out by the individual could include incontinence or by choice actions	
65	Walking/pacing	action carried out by the individual - requiring the worker to do a lot of walking or movement.	

Date	Description of change	
2021-07-15	5 Updated icons - higher resolution, and amended text on icons.	
2021-06-02 Initial document		
2023-04-22	Ladmended for SD62 use	
2024-03-19 Adjusted template for easier use		