

Lower Vancouver Island Retired Teachers

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Summer 2022 Bulletin President's Message

CHIEF EXECUTIVE OFFICERS

President: Sharon Lassey 236-478-7171
Vice-Pres: Lynna Shaldemose 250-514-7527
Secretary: Marg Eagle 250-478-1579
Treasurer: Paule Moor 250-385-3697
Membership: Bronwyn Taylor 250-592-4826

Welcome to the best part of your life – your future as a retired person. This year has been different as we are communicating with people who have been retired for up to 3 years and people who are just beginning the journey.

This is a time for you to relax and enjoy all kinds of activities that only you can plan. Trips, crafts and workshop activities, socializing with friends and spending time with grandchildren. Again WELCOME TO RETIREMENT!

This year the Lower Vancouver Island Retired Teachers' Association or LVIRT is offering you the opportunity to receive a free lunch called **To Hell With The Bell** as well as a free year's membership. The BC Retired Teachers or BCRTA are also offering you a year's free membership.

Go to the BCRTA's website at BCRTA.ca and follow the prompts to join . Then, go to Branches and locate Lower Vancouver Island Retired Teachers' (LVIRT) and follow the instructions.

Why join LVIRT and the BCRTA you ask:

- Quick and easy access to information about issues such as Pension Payments, Extended Health, Dental Plans, Advantage Partners
- Access to information about Senior's Issues (not for you, of course, but for your caregiver role of your own parents.)
- Social opportunities that allow you to mix and mingle with other Retired Teachers when COVID allows us, For example : Five different Luncheons throughout the year and trips within the local area Ladysmith Light Up, Chemainus Theatre trip, Pender Island wine tour
- We are looking at once a month speakers and workshops on Seniors' issues Group activities such walking, bridge, biking, tennis
- The chance to be involved with our Executive helping to organize activities for our members, both social and educational.
- The opportunity to help direct seniors' issues through the BCRTA and its associated organizations such as COSCO.

In closing, enjoy your new way of life. If you have any questions please feel free to contact me. My information will be included in the LVIRT Bulletin.

We are looking forward to having you as a new member.

Remember: **For Membership Information,**
Visit BCRTA.ca BC Retired Teachers' Assoc., Vancouver
1-877-683-2243 laurie@bcrt.com

LVIRT “Hell with the Bell” Luncheon

Meet old and new friends. Bring a visitor. Enjoy the lunch and entertainment offered.

Spacious venue with lots of parking.

TUESDAY SEPTEMBER 6TH

AT THE

Four Points by Sheraton Victoria
Gateway

829 McCallum Rd, Victoria, BC V9B 6W6

IN LANGFORD NEAR COSTCO

11:00 to 2:00 (Luncheon at 12:00)

Cost: \$25.00 **FREE for NEW RETIREES**

Musical Entertainment may be provided for your enjoyment.



Reservations

Call: Pat Pawlett 250-391-6477

Email: ppawlett@telus.net All contacts will be confirmed Please indicate dietary restrictions with reservation. Rides and mobility access assistance available upon request



*******SUNSHINE COMMITTEE *******

The **Sunshine Committee** regularly sends cards to members who are celebrating a **special birthday or anniversary,**

to **those who are not well** or to families of our deceased members.

Sunshine Committee Chairperson, Berna Ruffell ,[\[mailto:bruffell@shaw.ca\]](mailto:bruffell@shaw.ca) **phone-250-532-4262** welcomes names and contact information in order to send out our LVIRT SUNSHINE!!! If you know of a member who especially needs sunshine, please let Berna know!

Membership Report (every bulletin)

Birthday Wishes for our members celebrating 90 + year birthdays

Bronwyn Taylor Membership Chairperson

Walking Groups and Contact Persons

SCRAMBLERS

Thursday morning Rosemary Kelso 778-265-2657 drkelso2@gmail.com

Socialization, Activity and Safety are important aspects of our walks. We meet once a week on Thursday's, beginning September 8th, 2022 and will complete our SCRAMBLERS' Walks, June, 15th, 2023. All walks are in the Greater Victoria area. Starting time is 9:50am and we only wait 10 minutes after starting time for late arrivals. Our walks are approximately 1 to 1 ½ hours. Members take turns planning and leading a walk. At the end of our walk, we usually go for a coffee at the nearest coffee shop. If you are interested in joining our walking group, please contact Rosemary Kelso drkelso2@gmail.com or at 778 265-2657. Thanks, Rosemary

RAMBLERS' WALKING GROUP

Tuesday 10:00 CONTACT PERSON: BEV HEE—
250.477.5956 (bevy.ergit@shaw.ca)

Our walks are held on Tuesdays from 10:00-11:30, followed by optional lunch or coffee at a local restaurant. Routes are usually in the Greater Victoria area with easy terrain and modified to suit individual exercise abilities.

Occasionally, we visit various points of interest. In addition to our weekly walks, we plan an annual [Christmas](#) luncheon and weekend retreat.

If you are interested and would like more details contact Bev Hee—250.477.5956 or bevy.ergit@shaw.ca

WEDNESDAY WALKERS

Wednesday Walkers Wednesday morning

Sue Svendsen 250-217-3749

sue.svendsen@gmail.com

Marg Eagle margegagle619@gmail.com

250-478-1579

The Wednesday Walking Group began in the fall of 2012, with a core group of four or five walkers. We selected our walks one week at a time, as there were so few of us. Some weeks nobody could come but over time, we have increased our numbers and added to our walking repertoire. Many weeks, we have more than 15 women walking together. People walk at their own pace. We now have six-month lists of walks. We try to spread ourselves across the region, so never walking in one neighbourhood two weeks in a row. Walks are approximately an hour and end with a tea break. In the spring and at Christmas, we save Butchart's coupons from the paper and travel out to see the lovely gardens, at no cost. We also have some other seasonal favourites. No secret handshakes or membership dues – maybe give us a try!

In the new season, beginning September, 2022, we welcome clubs and may enjoy the future possibilities of a TENNIS CLUB, BRIDGE CLUB, BOOK and ART CLUBS.

We are open to considering anything of interest to our members.

VOLUNTEER OPPORTUNITIES



The Torch Has Been Lit

Greater Victoria, B.C.

On Tuesday, June 7, the torch of the 55+ BC Games was lit, marking the 100-day countdown to the 2022 Games, taking place in the capital region September 13 to 17. **Volunteers Needed!!!**

Go to the website for Volunteer Registration and Event details.

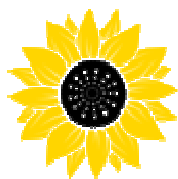
Ukrainian Cultural Centre Phone 250-475-2585



**UKRAINIAN CANADIAN CULTURAL SOCIETY
OF VANCOUVER ISLAND**

Looking for teachers who are willing to help by volunteering especially teachers with ESL background. CONTACT

[Karmen@ukrainehelpvi.ca/](mailto:Karmen@ukrainehelpvi.ca)



Help Ukraine
VANCOUVER ISLAND

supporters from across Vancouver Island.
We are 100% volunteer-run.

Help Ukraine VI is a collaborative project uniting Ukrainian organizations and

BCRTA Member Advantage Programs Information



BCRTA MEMBERS ONLY Advantage Plans:

Access and details for all the plans here:

<https://bcрта.ca/members-advantage-program>

1. Johnson Insurance Plans

Through Johnson Inc. with reduced rates for members

- Johnson's Medoc Travel Home insurance Life –Guaranteed
- NEW! Term Life, Dependent term life, Accidental Death and Dismemberment, Critical Illness Insurance and Dependent Critical Illness Insurance
 - Dental
 - Johnson's EHC with Prestige Travel
 - Johnson EHC with NO travel
 - Trip Cancellation / Trip Interruption and Baggage Insurance
- Thrive EHC and Dental (Travel Optional) Available to friends and family of members.

More information: <http://www.johnson.ca/bcрта/en/bc>

2. Johnson Inc. Scholarship Program

50 Scholarships in the amount of \$1000 are available for students beginning post-secondary studies following the completion of secondary school. You will find the application form on the website. For more information: <https://www1.johnson.ca/scholarship>

3. Canadian Public Employee Acquisition Club

CPEAC operate an exclusive program for Canadian Public Employees or retirees. Being a club member means you will be able to receive extraordinary incentives on goods and services.

We encourage you to register and gain access to the newsletter, which contain monthly updates of deals available only for members.

4. Trip Merchant

Trip Merchant offers group travel offers for BCRTA members as well as personalized travel advice and offers. 88 BCRTA members have gone to Portugal together for a long-stay vacation; 38 of those members also spent a week together in Morocco. We encourage you to register on their website to receive access to their offers and a weekly emailed update of future trips. This website is password protected for members only access. Click on this link <https://bcrta.tripmerchant.ca/> Once you click on it, you will have to enter your password, which is BCRTATM18

5. Collette Vacations offers escorted tours to all 7 continents.

Since 1918, Collette Vacations has led the way in escorted touring. Through a process of constant innovation, their diverse roster of tours continues to meet the needs of today's savvy world travelers. Across 3 distinct brands, Collette provides a hassle free way to see the world while fulfilling the singular dreams of their customers. Special discounts will be offered to BCRTA members. The trips can be booked directly with Collette or through a local travel agent

6. Perkopolis

Through our new partner Perkopolis, BCRTA members have access to various discounted products and services, including; tickets, hotels, car rentals, gasoline, home services, apparel, etc. The thrill of live theatre, the magic of movies, family attractions, and spectacular sports – you save money on your entertainment and everyday purchases.

7. Merit Travel

Special rates apply for members.

8. Hearing Life Canada

Free hearing tests, 10% discount. Watch for special offers.

9. Park'N Fly

Vancouver Airport rates: \$16.95/day, \$66.95/week. You must purchase parking through our website and print and present your coupon at the lot to get these rates.

10. Endless Savings

This is a custom program for BCRTA Members powered by Endless Savings & More (ESM) and offers hundreds of savings on restaurant meals, entertainment, travel, clothing, automotive, consumer goods and more. Members download a BCRTA icon to the home page on their smart phone • Tap the icon any time to view hundreds of available savings • GPS automatically shows merchants and savings that are close to your bcrta.ca

B.C. Retired Teachers' Association bcrta.ca location

Redeem savings in store by showing the offer on your smart phone.

11. IRIS Eyewear

www.iris.ca/benefits

12. Simply Connect Phone Plans

Exclusive Discounts for BCRTA members, talk and text plans, smartphone plans, All plans, phones and promotion is available at simplyconnect.ca

13. Fresh Prep Food Service

Vancouver's #1 Meal Kit Winner of Geogra Straights 2018 Reader Choice award, Fresh ingredients delivered throughout Greater Vancouver, Greater Victoria, and Okanagan Valley

14. True Key Hotels and Resorts "NEW"

Discounts for hotel accommodation at participating locations.

Please Note:

Provider information is given for the purpose of advising our members of savings currently available. Responsibility for the product and final cost remains solely between the member and the provider.



**GREATER VICTORIA RETIRED TEACHERS' SCHOLARSHIP
FOUNDATION**

OUR SCHOLARSHIP FUND NEEDS YOUR SUPPORT

You can help University of Victoria students entering their professional year of teacher training. Our Scholarship fund, run by volunteer retired teachers, has few costs, so virtually all donations go to our scholarships.

ALL DONATIONS ARE ELIGIBLE FOR INCOME TAX DEDUCTION:

The charitable number is BN89236 5644 RR0001

Please make cheques payable to:

Greater Victoria Retired Teachers, Scholarship Foundation

(GVRTSF) and send to the treasurer,

Please specify how your donation is to be applied:

- 1) **Annual Awards:** by law, 80% of the donations specified for this award must be awarded within the coming academic year. To contribute to the annual award, no direction is required.
- 2) **Capital Fund:** Donations to the Capital Fund accumulate; interest generated is used for Annual Awards. By law, these donations may not be expended for 10 years. To contribute to this fund, fill in the DECLARATION FORM below and submit it with your cheque.

CAPITAL FUND DECLARATION

GREATER VICTORIA RETIRED TEACHERS' SCHOLARSHIP FOUNDATION

I, (Name) _____

(Address) _____

(Postal Code) _____ (Phone) _____

hereby direct that my donation to the Greater Victoria Retired Teachers' Scholarship Foundation, registration number BN89236 5644 RR0001, of \$ _____ be held for a period of not less than 10 years.

(Date) _____ (Donor Signature) _____

(Receipt # to be completed by Treasurer:) _____

Treasurer:

***** PLEASE NOTE the contact information for our Treasurer, Philip Allingham. *****

Philip V. Allingham

4965 LOCHSIDE Dr. Victoria, BC V8Y 3B6

250-889-9755

Email: pallingh@lakeheadu.ca

Thank you for your ongoing support!

LOWER VANCOUVER ISLAND RETIRED TEACHERS 2022-23

President:	Sharon Lassey	236-478-7171	lvirtpresident@gmail.com sharonlassey29@gmail.com
Vice President:	Lynna Schaldemose	250-514-7527	lynnaschaldemose@gmail.com
Treasurer:	Paule Moor	250-385-3697	paulecmoor@gmail.com
Secretary:	Marg Eagle	250-478-1579	margeagle619@gmail.com
Advocacy:	Paul Hutcheson	250-629-2074	skiver@shaw.ca

Bulletin Submissions: Marie Veintrop 250-658-8122 lvirtbulletin@gmail.com

Note: Name on lvirtbulletin@gmail.com reads as Lynna Schaldemose
(disregard THIS name, as it is going to Marie Veintrop, the BULLETIN EDITOR)

marieveintrop@shaw.ca

Heritage:

Social:	Pat Pawlett	250-391-6477	ppawlett@telus.net
Membership:	Bronwyn Taylor	250-592-4826	taylorbronwyn@shaw.ca
Social Concerns:	Paul Hutcheson	250-629-2074	skiver@shaw.ca

Members-at-Large:

Berna Ruffell	250-532-4262	bruffell@shaw.ca
Loretta Deutscher	778-430-0735	lorettarose@islandnet.com
David Futter	250-995-1943	futter.david@gmail.com

**Next Executive Meeting : Meetings are on a Monday at 10:00am until further notice,
August 29th, October 24th, January 23rd 2023**

Bulletins Published– New Retirees, August 19th, November 19th.

FREQUENTLY REQUESTED NUMBERS

BC Retired Teachers' Assoc., Vancouver 1-877-683-2243
laurie@bcrt.com

Greater Victoria Teachers' Association 250-595-0181
#5-515 DUPPLIN Rd. Vic. V8Z 1C2

Teachers' Pension Service Victoria 250-356-9658

JOHNSON: MEDOC Travel Insurance 1-866-799-0000
Home Insurance 1-800-563-0677
Long-term Care Insurance 1-877-582-7526

Green Shield (Greenshield.ca) 1-888-711-1119
BC Seniors' Line 1-800-465-4911

HealthLink 8-1-1 www.HealthLinkBC.ca



**WELCOME TO RETIREMENT
THE BEGINNING OF YOUR NEW LIFE**

**REMEMBER TO GO TO BCRTA.CA
(BRITISH COLUMBIA RETIRED TEACHERS)
FOR A FREE TEST DRIVE**

**Also join LVIRT
(Lower Vancouver Island Retired Teachers)
For a free year**

We want to be able to invite you to a special function –

TO HELL WITH THE BELL

TUESDAY SEPTEMBER 6TH

AT THE

Four Points by Sheraton Victoria Gateway

829 McCallum Rd, Victoria, BC V9B 6W6

IN LANGFORD NEAR COSTCO

11:00 to 2:00 (Luncheon at 12:00)

FREE for NEW RETIREES

MAKE YOUR RESERVATION ASAP!!!!

If you have not joined the BCRTA and LVIRT email Pat or Sharon for information in August

Pat: patpaw@telus.net